WHO ARE YOU
AND
WHY ARE YOU HERE ?

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INTRODUCTION
WHY YOU NEED TO READ THIS BOOK

*Content of „**Who Are You And Why Are You Here ?**“, pg. ix - xvii, Introduction*

“There are many popular books which tell you what to do and how to live your life. They show you how to become rich, be healthy, how to love and be successful and many other "how to" secrets.

But do these books really tell you who you are, and why you are on this planet? Have you ever asked yourself the question, "What is this earthly life all about?" "How do I fit into all of this?" Maybe some books answer these questions to a certain extent. Perhaps they reveal certain aspects of the total picture of this life and your personal place in it. Very often, however, a correct aspect is taken out of context and is mistakenly considered to present the whole picture. If you believe that you have grasped the totality of your situation, when in fact, you have only one aspect of it, somewhere along the line you will likely end up dissatisfied and disappointed.

We all have tendencies to believe a certain part of the whole to be the whole in itself and of itself. Ultimately such tendencies bring us nothing but trouble, and yet, we continually do it to ourselves. Have you ever wondered why, and how, we so often manage to get ourselves into all kinds of trouble?

The major problem with books on "How to do this, or how to do that, or how to be this way or that," is that their authors are preoccupied with too much of the outward, external aspects of one's life. Their books tell one how to be successful in one's business, in one's family life, in love matters and in many other related external matters. Although they are important for successful living, nevertheless, these external matters are only the end product of something that does not originate in this world or from one's conscious efforts.

If this is true, and if our conscious everyday efforts **in themselves and of themselves** are not the originators of our success, happiness, contentment, satisfaction, good health, riches and all other positive things, if they are not the originators of our miseries, sufferings, problems, illnesses, diseases, failures, or whatever, then where do they originate? Are we being unintentionally, or, maybe in some instances even intentionally, mislead into believing that our everyday conscious effort, striving and labor to achieve success, happiness, joy and everything positive in our earthly life is all that we need in order to accomplish our goals?
This book is an attempt to answer these and other questions which often plague one's life without ever being properly answered.

Here, you can justifiably challenge the author of this book: How is it that you know all the answers? Who are you anyway?

So you see, we inadvertently end up by asking that crucial question, "Who are you?" Yes, you, now reading these words ask: "Who are you?"

But do you really know who you are? Can a satisfactory answer to this most vital, crucial and important question confronting humankind be found?

I can assure you one can find a way to answer all such vital questions, to the extent that they can be answered, that is, within the limitations imposed on us by the nature of the physical universe and our physical bodies. I was shown the way to find solutions to these crucial questions. If you want to find out if this is true and to answer your question, "Who am I?", you will have to read this book. Thus, when you find out who you are, then you will know who I am.

But, why do you need to read this particular book? Is this book in any way better than other books dealing with similar topics and issues?
There are several reasons why you should read this book from your own free will and by your own free choice. By so doing you will determine for yourself whether the ideas in this book are in any way better and different from concepts presented in similar publications.

These reasons are as follows:

I. YOU ARE THE MOST IMPORTANT THING YOU HAVE IN YOUR ENTIRE LIFE.

As a unique human being, unlike anyone else in the entire universe, you are the most important thing that you have in your life. Has it ever occurred to you, that you yourself, are the most important, significant and crucial thing you have in the entire universe? And that, as far as you are concerned, you can relate to life, to others, to yourself only from, by, through and with your self? Do you know that you cannot be other than your self, or step out of yourself? It is impossible for you to cease being your self in order to relate to others or any other thing.

If this is true, and objective observations have shown that it is true, then you owe it to yourself to know yourself better, to understand yourself better, to treat yourself better and to rule your own universe in a much better way than you have ever done before.

If you are the whole universe, then you are the only one who can rule that universe, for you are the center of your own universe. No one else can rule your own universe for you. In order that you rule your own universe effectively and successfully, it is of vital necessity that you know that universe. Otherwise, you may go through your life continuously blundering and wasting it, blindly bumping against things, never properly seeing, knowing and experiencing what it is that you are dealing with or stumbling against. How can you be successful, happy, content, satisfied, healthy, rich, accomplished, et cetera, if you do not properly know who you are or why you are here or what the purpose is of all those things and events which take place in the process of your earthly life?

As you know, things often happen in your life which are seemingly beyond your control. This is especially true when something catastrophic happens to you, such as a serious illness or when other misfortune unexpectedly strikes at the most inopportune time. And what is the most common reaction that we have to this kind of situation? We all exclaim, "Why me? Why is this happening to me?"

Well, if you want to know some of the answers to these and other questions - read this book!

II. YOU DID NOT CREATE YOURSELF.

Has it ever occurred to you that you did not give yourself birth? That you did not originate yourself? Yet, here you are, very special, very unique, unlike anyone else, a human being having many qualities all other people have, having many qualities some people have and having many qualities no other person has in the entire universe.

How did all this come about?

Who made the decision for you to come into this life to be and exist exactly the way you are? Did that One, who made such a decision, ask you if you would volunteer to be the way you are? Were you consulted about all these matters? Is it possible that you could have been asked or consulted about these life-important issues, even before you existed the way you

are right now? Before you came into this world, did you have an opportunity to choose the style of life which you have been living, one embracing all the details of your life, including any luck or misfortune that befalls you? Is it all mere chance or accidental occurrence over which you have no control whatsoever?

What is the real truth about all of this? Who is your real creator? Are the two people whom you call your parents, your real creators? If they are, then how is it that they did not create themselves, being originated through someone else, and that someone else was originated through someone else? It can go on like this without any end. Do you see what I mean?

Now, if you positively wish to receive enlightenment, or some solid and true knowledge about these and many other important matters concerning your life, then you should read this book.

III. THINGS ARE NOT ALWAYS THE WAY THEY SEEM TO BE.

Have you ever asked yourself whether what you see with your physical eyes, hear with your physical ears, smell, taste and sense with your physical senses is really the way it appears to be, just because your senses tell you that it is so? And most importantly, have you ever wondered if you are truly the person you think you are, or who other people think you are? Moreover, are other persons what you think, and they think that they are? Have you ever reacted to, someone or something in an unexpected and surprising manner, or even aware that you were capable of such behavior? The same thing could be true about other people that you thought you knew so well, when they suddenly react in a manner beyond your expectations of them?

Have you ever wondered if things are really occurring in the way they seem to be happening with you and others around you, and what the meaning and purpose is for all of this? Is there really any meaning and purpose to all of this or is it all meaningless, with no sense? Are you satisfied with the explanations you receive from mass media, scientific types of books, from various religions or similar sources as they are now presented to you? Have you ever wondered if the visible universe and all things in it and all things on this Earth are truly the way they are supposed to be, or seem to be?

If you have ever seriously considered these and related questions, then you are strongly advised to deliberate on what follows in this book. As you know, in order to seriously ponder the contents, you need to know what is written in this book.

IV. ASKING THE WRONG QUESTIONS FROM THE WRONG SOURCE.

Have you ever wondered why no one so far has been able to give you satisfactory and exhaustive answers to any of the above questions; questions that seem to be the most vital, crucial and important of all? Neither science, history, psychology, nor religion (in its present form), nor other sources known, have ever entirely agreed upon these issues. Their sources are full of contradictions, disagreement, guesswork, tentative conclusions, and superficial knowledge upon which one can never fully rely. Nor can one fully trust these sources without experiencing eventual disappointment, or being misdirected. A dire need for change or correction is frequently necessary somewhere along the line. Why is it so often difficult or seemingly impossible for all concerned, to fully agree on anything at all? Why is it that there are so many views, opinions and stances opposing one another, for which people will even kill, trying to prove that they are right and everyone else is wrong?

Is there any way to find out why this is so, and why all of our present knowledge about these issues is so unstable, unreliable and unsatisfactory? Is there any method by which we can

find answers to all of these and similar questions, answers capable of satisfying everyone in a way in which all can agree? Has it ever occurred to you that science, psychology, history, philosophy, religion (in its present form) and all other sources of knowledge perhaps ask the wrong questions? Or possibly, these sources have been answering these questions in the wrong way? Has it ever occurred to you that they are looking into the wrong sources from which they are trying so desperately, to find answers to these and similar questions? Is it at all possible for a limited human being to find answers to these profound questions? If it is, how do we go about finding them? What is the true source of human knowledge? What are the forces that cause us to be the way we are, as we are, on this earth?

If you are seriously interested in these mysteries then you have a good reason for reading this book.

V. LIFE IS NOT WHAT YOU THINK IT IS.

Have you ever been interested in finding out why there is so much negativity and evil in existence on planet Earth? Why do people hate one another, so much that they even come to the point of killing one another through the means of wars, accidents, catastrophies; in the commission of crimes and in so many other ways? Why is it that humankind on planet Earth developed such devastating weapons, destructive devices with which they can annihilate all life and destroy planet Earth within minutes? Have you ever asked yourself why there is so much illness, disease, perversion, nastiness, ugliness, misfortune; all kinds of dangerous things, poisonous plants and venemous insects, vicious animals and all other kinds of negativities which one encounters on every corner of this planet, and in one's life? What is it all about? Is any useful purpose served? Are we to consider this a natural state of affairs, believing that this is just the way life is? Does life really have to be this way?

Is there, perhaps, a different, much better way of living? Why are all these negative things permitted to come into being and existence? If there is a Creator of all things, did He/She really create all these abominable negative and evil things that we experience on planet Earth? What is the real truth about all of these issues? How does it relate to you personally, and what is your role in all of this? Why do you participate in life on this planet where there is so much negativity, evil, instability, misfortune and all kinds of dangers? Is this what life is all about? Do scientific, historical, psychological, religious or any other traditional explanations of life, and its purpose, give you a true picture of all life, including your own?

Now, if you sincerely wish to find out whether you live a true life, whether your understanding of life is proper and right, and to a certain extent, what true life is all about and how to find your way back to true life, then you have a good reason for reading on, carefully considering everything presented. You don't have to agree with all of it. But you will be shown the way to check it out in a step-by-step procedure, and you will know if it is really true, or just a mere fantasy of the author.

In conclusion, I would like to briefly mention why this book is based upon a spiritual approach, as indicated by the title. What is a spiritual approach? First of all this approach is neither scientific, historic, psychological or religious, nor is it to be confused with any other traditional approaches advanced by science, history, psychology, religion or any other areas of human knowledge. As you noticed earlier in this introduction, it was stated that there is too much contradiction and uncertainty among the scientific, historic, psychological, religious or any other traditional knowledge concerning these issues.

Therefore, we cannot rely upon, or derive truth from this knowledge, because we would end up in the same predicament, that is, with the same uncertainties and contradictions as that knowledge has. This would lead us nowhere, in exactly the same manner that traditional "knowledge" does. Therefore, it has been necessary to seek out a different source which, in

my opinion, is more genuine and reliable than anything traditional and customary. It is obvious that, if a traditional and customary approach cannot give you reliable and dependable knowledge about "Who are you and why are you here," then one must disregard everything traditional and customary and look for something else entirely different. Why not go to the very source of life and to your own substance, your essence instead, and ask these questions? Then see what happens. That is what I did. I was amazed by the answers received. They were so different from anything else made available through scientific, psychological, philosophical, historic, religious or all other traditional sources. I also realized that one of our problems is that we tend to rely too much upon answers given to us by so-called authorities on these issues, including esteemed scientists, philosophers, psychologists, historians, ministers and so on. We tend to believe their claims without carefully questioning that what they say is truly so. Somewhere along the line of our life on this planet, we have forgotten about the most important, and, in my opinion, the most reliable source of all knowledge - ourselves. When we go within, we suddenly make a tremendous discovery - the presence of the real Source, our Creator and all Creation. We know this Source by many names: God, the Lord, Jesus Christ, Vishnu, Krishna, Manitou, Great Spirit, Allah and by many other names used by people on this Earth. From this Source we can find more appropriate answers to all of the vitally important questions related to the topic of this book, "Who are you and why are you here?" This Source I call a purely Spiritual Source. From It derives all else in life, and life itself. This is the reason why the methodology of this book is designated to have a spiritual approach, that of going inward, to your Inner Mind.

If you are seriously interested in finding your own way into yourself and making a permanent contact with God within you and opening up the unlimited treasure of profound knowledge and wisdom about God, about life and about yourself, you are advised to study this book very carefully, because it gives you (among many other things) a step-by-step procedure to accomplish this important task. In addition, it will show you how to find answers to all of your questions. If you truly love yourself, you owe it to yourself to be open-minded, flexible and mobile. Then you will be blessed."

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6) WHO ARE YOU AND WHY ARE YOU HERE ? – 5 chapters, 7 units.

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Introduction:

Why You Need To Read This Book ?

LIST AND CONTENT OF THE NEW REVELATION BOOKS.

Chapter **1.**

Is The History Of Mankind And Thus The History Of Your Origin, As Described In Various Scientific And Religious Books A Correct One ? Are You Really Who They Say You Are ? What Is The True Reality About All Of This ?

Chapter **2.**

Of What Do You Really Consist ? How Many Levels And Aspects Are Within You ? What Is Your Place And Position In This Universe And In Relationship To Others ? Do You Really Live In A Genuine And True World ? What Is The Purpose Of Your Life ? Did You Really Start Your Life On Planet Earth ?

Chapter **3.**

What Is The Real Origination Of All Your Problems, Troubles, Bad Habits, Sufferings, Miseries, Illnesses, Diseases, Accidents, Incidents, And All Other Misfortunes, Liabilities, Shortcomings, Et Cetera ? What Kind Of Purpose Do They Serve In Your Life? Do You Really Need Them ? How Did The Negative State Really Originate? Did Eve In The Garden Of Eden Really Eat An Apple And Give It To Adam To Eat, Which Act Supposedly Started All Human Miseries And The Negative State? What Does All This Really Mean And Signify ? How Can It Be Applied To Your Own Private Life Or To Everyday Living ?

Chapter **4.**

What Are The Proper, Right, Correct, Efficient, Successful And Effective Means And Ways To Find Your Way Back To The True Life, To Your True Inner Self, To Your True Inner Mind And To True Happiness ? How Do You Get Rid Of Problems And Troubles Be They Spiritual, Mental, Emotional, Intellectual, Sexual, Personal Or Physical Or Any Others Without Any Exception Or Exclusion ?

Chapter **5.**

How Do You Continuously, Properly Maintain Your Spiritual, Mental, Emotional, Intellectual And Over All Well-Being and Happiness Without Back-Sliding Or Reverting To Your Previous Unproductive And Self-Defeating Lifestyle, Or Without Stagnating In One Place ? How Do You Fulfill To Your, And Your Creator's Satisfaction, The Purpose Of Your Life On Planet Earth ? Does Your Personal, Unique, Self-Aware Individual Life End With Your Physical Death ? What Happens To You After You Leave Your Body And This Earth ?

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Conclusion

Do You Now Really Know Who You Are And Why You Are Here And What It Is To Be A Truly Spiritual And Happy Human Being, An Integrated Human Being?